

Dear Parents,

Hope this letter finds you all safe and well. On Thursday 12th March, when we said slán to the children we did anticipate what was ahead of us. We know that these are extremely challenging times and we will do our very best to help and support you over the coming weeks.

We know that parents may be feeling overwhelmed and under pressure trying to complete school work but we don't want you to worry or let it take over from the more important issues of health and happiness.

This is an unprecedented emergency situation impacting on everyone. It is important to keep perspective.

We have already sent home some work for your child/children and are now going to continue to offer work to the children on a weekly basis. This work is there to help support you and your child should you wish to engage with it. For some children completing school work may give them the structure and routine they need. It may keep them engaged and content. For others it might cause worry and upset. If you decide that your child isn't going to engage with the work that is perfectly ok. That is your choice and there is nothing to stress or feel guilty about.

You know your child and your family best. You need to do what works best for your own situation. Playing indoors and outdoors (while observing social distance), cooking, reading, spellings, tables etc are valuable learning experiences so it's important not to underestimate this. Keeping your children and family safe is paramount.

We are all loving our children and supporting them through a very difficult time. Look after yourselves too, minimising stress is vital.

We know as much as you do in terms of when we will return to school but we will keep in touch via text and regular updates here on the website.

Feel free to email any questions or concerns that you may have,

Kind Regards,

The staff of Clonbonny NS